



# Bethany Flame

A Newsletter of the Mangalore Province of Bethany Sisters



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June - December 2025

## Message

Dear Sisters, Amid the many Jubilee celebrations observed throughout Jubilee Year 2025 to honour diverse groups and ministries within the Church, the Mangalore Province joyfully and meaningfully celebrated the Jubilee of the Elderly and of Families. Pope Francis, in *Amoris Laetitia* (2016), reminds us that the joy of love within families is deeply rooted in hope, even in the face of life's inevitable challenges and trials. Echoing this vision, St Paul assures us that love "hopes all things" (1 Cor 13:4-7) and never surrenders to despair about the future. Every family, therefore, becomes a living sign of hope for generations to come. Indeed, many families bear their crosses with courageous hope, offering a profound witness to the truth that God works all things for the good of those who love Him. Equally powerful is the Christian testimony given when families support one another in times of vulnerability and need.



Across the Province, several communities recently hosted family festivals that became moments of renewal and remembrance - reviving, for many, the grace of their own final profession and the joy with which they celebrated their consecration. Your thoughtful efforts to invite families of every age and stage fostered a spirit of communion and belonging. At the province level, the life, faith, and dedicated service of our elderly were honoured with deep reverence. In his Message for the World Day for Grandparents and the Elderly, Pope Leo reflects poignantly on hope in later years: "Hope is a constant source of joy, whatever our age," and when refined through the experiences of a long life, it becomes "a source of deep happiness." Drawing upon biblical figures such as Abraham and Sarah, Zechariah and Elizabeth, and Moses - each called by God in old age - he reminds us that, in God's eyes, old age is a time of blessing and grace, and that the elderly are the foremost witnesses of hope.

Your pilgrimages to diocesan cathedrals and sacred sites have further strengthened your journey of faith, hope, and love. I extend my heartfelt appreciation to all the Superiors who so carefully planned these pilgrimages, ensuring that they became true spiritual encounters. May these pilgrim journeys renew hope within your communities and deepen your resolve to bear witness to the Source of hope who dwells within you. May Christ, our Hope, abundantly bless you and your families.

**Sr M. Lilly Pereira BS**  
Provincial Superior

## Editorial

*"There is a mystical meaning to be found in a leaf, in a mountain trail, in a dewdrop, in a poor person's face." — Laudato Si', 233*

As the year 2025 gently unfolds its final pages, it invites us to pause, to breathe deeply, and to listen with attentiveness to what truly gives life meaning. Marked as a Jubilee Year, 2025 became a sacred time of grace, celebrating children, the elderly, families, and prisoners - each encounter awakening within us a renewed sense of hope and a deeper awareness of God's quiet presence among His people.

The moments captured in this second issue of *Bethany Flame* speak more eloquently than words. Each story bears a mystical imprint, revealing Christ at work in simple, hidden, and transformative ways - through acts of love, service, and faithful witness. May these pages inspire you to pause and reflect, and gently urge you to act with renewed commitment, carrying forward the light of faith, compassion, and purpose as we journey together into the hopeful vision of 2026.



**Sr Jessy Rita BS**

## Mangalore Province Highlights

### Formators Meet



The Formators' Meet held at the Bethany Provincialate, Mangalore, on 23 August 2025, unfolded as a prayerful and enriching encounter on the theme 'Nurturing Formees with Divine Touch,' uniting the Provincial leadership and all engaged in formation in deep reflection, shared wisdom, and practical discernment, and renewing a collective commitment to accompany young religious with compassion, discretion, encouragement, and faith-filled perseverance.

**Sr Reshma Fernandes BS**  
Shanthi Rani Convent, Siddakatte

### Fostering Inclusivity and Diversity in Communities

The Provincial Assembly of the Mangalore Province, held from 29–31 August 2025 under the leadership of Sr Lilly Pereira, Provincial Superior, unfolded as a grace-filled forum of prayer, reflection, and renewal, where animators, formators, and hospital administrators were inspired through rich deliberations and the theme '*Fostering Inclusivity and Diversity in Communities*,' and further enriched by Rev. Fr Dr Biju Sebastian, MI, whose insightful sessions on stress management and inner well-being rekindled a shared commitment to unity, harmony, and dedicated service in carrying forward the Province's mission.



**Sr M. Justin Gracy BS**  
Bethany Convent, Bhiloda

### Forming Faith that Transforms



The Mangalore Province marked a historic milestone on 27 August 2025 by celebrating its first Catechism Day under the theme '*Forming Faith that Transforms*,' a grace-filled gathering that honoured decades of dedicated catechetical service, deepened the vision of catechists as authentic witnesses and initiators into the mystery of Christ, and renewed a collective commitment to creative, prayerful, and life-centred faith formation in a rapidly changing world.

**Sr Sunitha Mary DSouza BS**  
Lisieux Convent, Puttur

## Bethany Health Care Meet



The Province-level Bethany Health Care Meet, held on 26 August 2025 at the Bethany Provincialate, Mangalore, was a grace-filled gathering that reflected on the sacred vocation of healing, engaged participants in shaping the Vision 2030 for Bethany Health Care, and honoured veteran Sisters for their decades of selfless service, fostering renewed inspiration, collaboration, and commitment to compassionate care across the Province.

**Sr Veena Jyothi BS**  
Bethany Convent, Badyar

## A Bethany Sister – A Beacon of Light to the Nations



The Social Apostolate Gathering on 26 August 2025, prayerfully guided by Srs Aruna and Dona and enriched by Sr Flavia's leadership, brought together participants to reflect on the vision of embodying Christ's compassion for the marginalized, engage in inspiring insights from Sr Cynthia Sequeira, and chart renewed strategies - including combating human trafficking and promoting skill development - while honouring veteran Sisters whose steadfast service continues to bear witness to the Gospel of love in action.

**Sr Agnesia BS**, Regina Coeli Convent, Ranipura

## Vocation Animators Meet

The Vocation Animators' Meet on 28 August 2025 at Bethany Provincialate, Vamanjur, prayerfully inaugurated by Sr Anita Nathlia and warmly welcomed by Sr Dona, brought together participants under the inspiring guidance of Provincial Superior Sr Lilly Pereira and facilitator Sr Jasmine Wilma, featuring Rev. Fr Jason Pinto's practical session on Creating a Vocation Culture, collaborative discussions, and planning, leaving the animators renewed in zeal, hope, and commitment to foster vocations through prayer, authentic witness, and compassionate accompaniment in the spirit of the Bethany Charism.



**Sr Smitha Chauhan BS**  
Bethany Convent, Bhiolda



The Province Educators' Meet 2025, held on 22 September at Bethany Provincialate, Mangalore, under the theme 'Vision 2035 – Shaping the Future of Education Together,' united leaders and educators in a spirit of foresight and renewal, featuring Sr Lilly Pereira's keynote on lifelong learning, purposeful technology, and the four pillars of transformative education - Knowledge,

Skills, Character, and Meta-learning - enriched by Rev. Fr Robert DSouza's insights on NEP 2020, inclusive pedagogy, and innovation, collaborative contributions from diverse school heads, and mission-aligned action planning under Sr Mariola's guidance, culminating in a renewed zeal and shared vision to shape the future of education with excellence, values, and hope.

**Sr Mariola BS**  
Bethany Provincialate, Vamanjur

## Pastoral Faith in a Fast-Moving Culture

On 25 September 2025, forty Sisters of the Mangalore Province gathered for a day-long programme on the Pastoral, BLA, and Founder's Cause apostolate themed 'Pastoral Faith in a Fast-Moving Culture,' opening with prayer and reflections by Sr Lidwin Jyothi and Sr Flavia, and enriched by Sr Lilly Pereira's inspiring call to embody Christ's compassion and presence amid life's pace, while Rev. Fr Joachim Fernandes highlighted five essential aspects of pastoral ministry - contextual understanding, pastoral response, skill development, faith-rootedness, and personal commitment - culminating in prayer and reflection on Matthew 28:20, leaving the Sisters spiritually renewed and empowered to radiate Christ's joy, hope, and care in the world.



**Sr Joyceline BS**  
Sacred Heart Convent, Neerude

## My Life is God's Gift, My Response...



The Province-Level Vocation Camp, themed "My Life is God's Gift, My Response..." and held on 20 October 2025 at Bethany Provincialate, Vamanjur, brought together twenty enthusiastic participants from various schools for a prayerful and immersive exploration of God's call, featuring inspiring reflections by Sr Flavia Wilma BS on responding to life as a sacred gift, Rev. Fr Wilson Tauro OCD's guidance on discerning a vocation rooted in belonging to Jesus, Sr Lisa BS's engaging session on Bethany Charism and Spirituality, and creative activities including the documentary *Sodnechya Vater*, action songs, and games, culminating in a day that left the young participants joyfully renewed in faith, aware of their divine calling, and committed to

living lives of prayer, simplicity, and loving service.

**Sr Dona Sanctis BS**  
Bethany Provincialate, Vamanjur

## Bethany Champions Hold Inspiring Tri-Centre Gathering



The annual Bethany Champions' Get-Together, held across Maryvale School (Kinnigoli), St Raymond School (Vamanjur), and Bethany School (Puttur), brought together nearly 380 students from eight campuses in a vibrant spirit of learning, reflection, and inspiration, featuring Mrs. Privy DSouza's compelling session on faith, resilience, and self-confidence, thematic inputs on personal growth, social responsibility, and the mindful use of talents and technology, and Sr Cicilia Mendonca's introduction to the Bethany Champions vision and logo, all meticulously coordinated by Sr Mariola BS, leaving the students deeply motivated to embrace their role as Bethany Champions with zeal, commitment, and purpose.

**Sr Anita Tressy BS.**  
Lisieux Convent, Puttur

## Domestic Helpers' Day

On 30 November 2025, the Bethany Provincialate, Vamanjur, joyfully celebrated Domestic Helpers' Day, honouring fifty community and hostel helpers with prayer, heartfelt welcome, inspiring reflections by Fr Sushil Kumar Xess on the dignity of work and gratitude, lively games, cultural sharing, and a festive meal, expressing profound appreciation and recognizing their quiet, faithful service as living channels of God's love that enrich the Bethany community.



**Sr Flavia Wilma BS**  
Bethany Provincialate, Vamanjur

## A Journey into Divine Intimacy

Held from 11 to 19 December 2025 at the Bethany Provincialate, Vamanjur, the eight-day retreat guided by Fr Joy Francis OCD offered 32 Sisters a profound journey into Divine Intimacy through sacred silence, prayer, and reflection, deepening their discipleship and renewing their commitment to live their vocation with humility, compassion, and a steadfast gaze fixed on God.



**Sr Marissa Lucy BS and Sr Sylvia Rebello BS**

## BLA Convention Invites 8 Units to be on Fire for Mission

On 22 October 2025, the Zonal Level BLA Convention at Bethany Provincialate, Vamanjur, brought together 97 members from eight units for a day of inspiration, reflection, and renewal under the theme 'St Thérèse of the Child Jesus as an Inspiration for Our Missionary Work,' featuring addresses by Sr Lilly and Rev. Fr Clifford Pinto, a Eucharistic celebration presided over by Rev. Fr Kenneth, and engaging activities including a Medicinal Sapling Presentation, Founder's Quiz, and Best Photo Competition, culminating in a joyful mandate to spread happiness, strengthen local units, and promote vocations, leaving participants renewed in zeal, unity, and missionary enthusiasm.



**Sr Flavia Wilma BS**  
Bethany Provincialate, Vamanjur

## Seminar on Emotional Hygiene



The two-day Seminar on Emotional Hygiene held at the Bethany Provincialate, Vamanjur, on 21–22 December 2025, animated by Rev. Fr Joe Kokkandathil, SDB, offered 37 Sisters a deeply enriching journey of inner renewal, guiding them through prayerful reflection, mindfulness, and spiritual practices toward greater self-awareness, emotional balance, and holistic well-being, while awakening the grace of self-healing that empowers them to become compassionate, hope-filled healers in service of others.

**Sr Dona Sanctis BS**  
Bethany Provincialate, Vamanjur

## Senior Sisters' Meet

The Senior Sisters' Meet held on 20 December 2025 at the Bethany Provincialate, Vamanjur, was a deeply grace-filled celebration that honoured the wisdom, faith, and serene perseverance of Sisters aged 75 to 97, as prayerful reflection, heartfelt gratitude, cultural expressions, and joyful fellowship united generations in a moving witness of love, dignity, and hope-filled preparation for eternal life.



**Sr Divina BS**  
Rosa Mystica Convent

## Province Day Celebration



On 7 December 2025, the communities of Mangalore Province gathered at the Bethany Provincialate, Vamanjur, to celebrate Province Day in a grace-filled spirit of gratitude and fellowship, marked by a solemn Eucharistic celebration, a vibrant cultural programme uniting all 34 communities across generations, inspiring messages calling for renewed hope, fidelity, and closeness to the poor, and concluding with an agape meal that

strengthened bonds and reaffirmed commitment to the mission and charism of the Congregation.

**Sr Lisa BS**

St Xavier Convent, Ajekar

## St Raymond's at a Glance

### Golden Jubilee Year Inaugurated at St Raymond Convent

On 16 July 2025, St Raymond Convent, Vamanjur, joyfully inaugurated its Golden Jubilee year in profound gratitude and praise, as the community commemorated fifty years of God's providence and faithful service - harmoniously coinciding with the 104th Bethany Foundation Day - through a solemn Eucharistic celebration, the unveiling of a richly symbolic Jubilee logo, inspiring reflections on surrender and mission, the launch of new digital apostolic initiatives, and a spirit-filled fellowship that united past, present, and future in renewed commitment to the Congregation's charism and service.



**Sr Sadhana BS**

St Raymond Convent, Vamanjur

### BLA of Vamanjur Honours Blessed Mary on her Birthday

On 16 July 2025, St Raymond Convent, Vamanjur, joyfully inaugurated its Golden Jubilee year in profound gratitude and praise, as the community commemorated fifty years of God's providence and faithful service - harmoniously coinciding with the 104th Bethany Foundation Day - through a solemn Eucharistic celebration, the unveiling of a richly symbolic Jubilee logo, inspiring reflections on surrender and mission, the launch of new digital apostolic initiatives, and a spirit-filled fellowship that united past, present, and future in renewed commitment to the Congregation's charism and service.



**Sr Sadhana BS**

St Raymond Convent, Vamanjur

## BLA of St Raymond Convent Visit Founder's Cottage

On 23 August 2025, the Bethany Lay Associates of Mangalore Province inaugurated a monthly pilgrimage of prayer at the Founder's Cottage, led by the St Raymond Convent, Vamanjur, unit, to intercede for the cause of Servant of God RFC Mascarenhas and the needs of the Church and world, an experience made especially grace-filled by their feast-day encounter with Sr Rose Celine BS, Superior General, and one that deeply renewed their faith and commitment to live the Founder's charism with fidelity and zeal.



**Sr Gracy Bennis BS**  
St Raymond Convent, Vamanjur

## St Raymond Convent Honours Senior Sisters



On 26 July 2025, St Raymond Convent joyfully celebrated the Feast of St Joachim and St Anne by honoring the senior Sisters whose lives of prayer, service, and sacrifice embody fidelity and love, with a reflective prayer hour, solemn Eucharist, and vibrant cultural programme - including dance, skits, humour, and a touching video tribute - culminating in a festive meal that radiated gratitude, reverence, and unity across generations.

**Sr Gracy Bennis BS**  
St Raymond Convent, Vamanjur

## St Raymond PU College, Vamanjur Celebrates 25 Glorious years



St Raymond PU College, Vamanjur, marked its Silver Jubilee with splendour and thanksgiving, commemorating twenty-five years of dedicated educational service through a prayerful and vibrant celebration graced by eminent Church and civic leaders, enriched by the inauguration of new academic facilities, the release of commemorative publications, heartfelt felicitation of pioneers and benefactors, and spirited cultural presentations, all bearing eloquent witness to the institution's enduring commitment to excellence, holistic formation, and service to society.

**Sr Sadhana BS**  
St Raymond Convent, Vamanjur



## A Joyful Christmas Gathering of Our Mission Family

On 20 December 2025, the Bethany Provincialate, Vamanjur, came alive with festive joy as associates gathered for a Christmas get-together featuring prayer dances, a reflective skit, vibrant student performances, and heartfelt addresses by Sr Lilly Pereira, BS, fostering gratitude, unity, and renewed commitment to the Bethany mission, and culminating in a fellowship dinner that celebrated love, service, and communal togetherness.

**Sr Gracy Bennis BS**

St Raymond Convent, Vamanjur



## An Inspiring Step Towards Ecological Stewardship



On 10 June 2025, St Raymond Convent, Vamanjur, in collaboration with the Bethany Lay Association, celebrated ecological awareness through prayer, reflection on *Laudato Si* by Sr Dona, a symbolic tree-planting ceremony led by new Superior Sr Lavita Moras and BLA members, and heartfelt tributes to Sr Gracy Bennis, creating a memorable occasion of stewardship, community engagement, and Bethany's enduring commitment to care for creation and cultivate sustainability.

**Sr Aruna BS**

St Joseph Convent, Shubadha

## Families Bonded in Love at St Raymond Convent



The Family Get-Together of the Sisters of St Raymond Convent, Vamanjur, held on 15 January 2026, unfolded as a grace-filled celebration of faith and fellowship, centred on a thanksgiving Eucharist that proclaimed the religious family as a cradle of grace, blessing, and love, and enriched by joyful cultural expressions and shared communion that deepened bonds of unity and gratitude among Sisters and their families.

**Sr Gracy Bennis**

St Raymond Convent, Vamanjur

### Greening God's Creation

On 25 June, Rosa Mystica Convent, Kinnikambla, in collaboration with Jeevandhara Social Service Trust, joyfully celebrated Vanamahotsava by uniting Sisters and novices in the distribution and planting of saplings across the campus, enriched by inspiring addresses, heartfelt blessings, and communal participation, creating a memorable occasion of ecological stewardship, spiritual reflection, and joyful commitment to nurturing God's creation.



**Sr Anita Lydia BS**  
Rosa Mystica Convent

### Teachers' Day Celebration

On 5 September 2025, Rosa Mystica Convent joyfully celebrated Teachers' Day, honouring active and retired educators through a prayerful Eucharist, presentation of gifts, and a vibrant cultural programme themed 'Pilgrims of Hope,' blending dances, skits, songs, games, and blessings from senior Sisters, culminating in a festive meal that fostered fellowship, gratitude, and renewed zeal for the noble vocation of teaching.



**Sr Anita Lydia BS**  
Rosa Mystica Convent, Kinnikambla

### Twin Jubilee Project Launched

On 16 September 2025, the Rosa Mystica Community, Kinnikambla, joyfully inaugurated its Twin Jubilee Plantation Project with the planting of nearly 2,000 arecanut saplings - a landmark initiative in ecological stewardship and sustainable development - blessed by Rev. Fr Sunil and graced by Provincial Superior Sr Lilly Pereira, her councillors, and other community members, as Sr Sabina and Sr Bernadette ceremoniously planted the first saplings, followed by the active participation of Sisters, novices, and workers, with careful planning and irrigation ensuring the saplings' growth, entrusting the project to God in the hope that it will flourish as a lasting legacy of faith, responsibility, and care for creation.

**Sr Anita Lydia BS**  
Rosa Mystica Convent



## Annual Retreat

Held from 18 to 26 October 2025, the Annual Retreat at Rosa Mystica Convent gathered 46 Sisters for a grace-filled journey of prayer and silence, where, under the inspired guidance of Rev. Fr Leo Moras, they encountered the God of mercy and compassion, experienced deep interior renewal through the Eucharist and Reconciliation, and emerged spiritually strengthened, grateful, and renewed in their consecrated commitment.



## Families Get-Together



The Families' Get-Together at Rosa Mystica Convent on 25 January 2026 was a grace-filled celebration of faith and fellowship, marked by a prayerful Eucharistic celebration, joyful cultural expressions, warm exchanges of gratitude, and shared communion that deepened familial bonds and renewed hearts in faith, hope, and Marian trust.

## A Memorable Visit and Website Launch

Rosa Mystica PU College marked a memorable milestone on 10 October 2025 with the gracious visit of Sr Dr Mariette BS and Sr Violet DSouza BS, a warm ceremonial welcome, the launch of its official website on the occasion of its 15th anniversary, an inspiring address inviting students to live lives rooted in God-experience, hope, and virtuous habits, and a joyful conclusion in fellowship and gratitude.



## Cultural Fest – Talents' Day



Rosa Mystica PU College celebrated its Cultural Fest, *Talents' Day*, on 28 October 2025 with vibrant enthusiasm, opening with a prayerful invocation, enriched by inspiring messages from Sr Roselyta and Chief Guest Mr Rony Crasta on confidence, excellence, and pursuing one's dreams, and animated by colourful competitions that filled the campus with creativity, joy, and youthful energy.

## Mysticalz 2025

Rosa Mystica PU College celebrated *Mysticalz 2025* on 14 November with radiant enthusiasm through a prayerful inauguration and graceful welcome dance, inspiring addresses by President Sr Cicilia Mendonca and Chief Guest Ln. Dr EKA Siddique, the proud presence of alumna and Kannada-Tulu playback singer Ms Mallika Matti, the joyful participation of Sisters, staff, alumni, parents, and PTA leaders, the honouring of distinction holders and lecturers, and a crescendo of vibrant cultural performances crowned by a lively Nasik Band.



Sr M. Anita Lydia BS  
Rosa Mystica Convent

## Vibrant Moments at Genezzano Convent, Taccode

### First Inter-Community Gathering Celebrates Foundation Day

On 20 July 2025, the four Bethany communities of Badyar, Nirkan, Siddakatte, and Taccode came together at Siddakatte to mark Foundation Day in a landmark celebration marked by prayer, joyful fellowship, shared meals, and lively recreation, forging deeper bonds of sisterhood and renewing the collective desire to nurture communion and mission through future shared gatherings.

Sr Reena DSouza BS  
Genezano Convent, Taccode



## BLA Get Together

On 11 September at Genezzano Convent, Taccode, the Bethany Lay Associates joyfully celebrated a family feast marked by prayer, Marian devotion, lively fellowship, and shared festivity, made especially memorable by the gracious presence and encouraging words of Sr Flavia, Provincial Councillor, whose Silver Jubilee celebration further enriched the evening and strengthened the bonds of unity, gratitude, and togetherness among all present.

**Sr Reena DSouza BS**  
Genezzano Convent, Taccode



## Grace in Action at Limboi

### 104 years of Bethany's Journey



On 16 July, Bethany Convent, Limboi, Gujarat, joyfully commemorated the 104th Foundation Day of the Congregation through a grace-filled celebration marked by the Holy Eucharist, renewal of vows, symbolic gifting of saplings, prayerful fellowship with clergy and Sisters of the Palanpur deanery, and shared meals, beautifully expressing the enduring spirit of Bethany as a home of love, service, prayer, and gratitude.

**Sr Wilma Mathew BS**  
Bethany Convent, Limboi

## Seeds of Service at Santa Cruz

### Experience of God's Love and Missionary Commitment



Held from 28 September to 6 October, the annual retreat for 29 Sisters of Santa Cruz, together with Sisters from neighbouring communities, became a sacred journey of prayer and renewal under the guidance of Rev. Fr Shyam Prasad FDCC, deepening their experience of God's abiding love and culminating in a joyful renewal of vows that sent them forth spiritually strengthened, united in peace, and renewed in zeal for their consecrated mission.

**Sr Reena Juliet BS**  
Santa Cruz Convent, Kulshekar

## Kite Day

Kite Day was joyfully celebrated at Sacred Hearts Pre-Primary School, Kulshekar, on 22 January 2026, as the campus came alive with colour and laughter while children, guided by their teachers and encouraged by Headmistress Sr Rita Sharal BS, delighted in flying creatively crafted kites in a safe, orderly, and festive atmosphere that celebrated innocence, creativity, and shared joy.

**Sr Rita Sharal BS**  
Sacred Hearts Hr Pry School, Kulshekar



## Republic Day



Republic Day was celebrated with patriotic fervour at Sacred Hearts Higher Primary School on 26 January 2026, marked by the hoisting of the National Flag, a prayerful assembly and vibrant student performances, an inspiring address on constitutional values and civic duty, the felicitation of 27 students selected for the State-level SIP Abacus Arithmetic Genius Contest by the Chief Guest, Sr Emerita BS, and a dignified conclusion with the National Anthem.

**Sr Rita Sharal BS**  
Sacred Hearts Hr Pry School, Kulshekar

## The Scout, Guide, Cub, and Bulbul Day

The Scout, Guide, Cub, and Bulbul Day at Sacred Hearts Hr Primary School was celebrated with vibrant enthusiasm and exemplary discipline, featuring an inspiring flag-hoisting by Chief Guest Sr Nanditha, enriching activities such as trekking, cultural programmes, first-aid training, and team-based challenges, all culminating in the recognition of outstanding performance and a dignified closing ceremony that fostered leadership, teamwork, and self-reliance among the students.

**Sr Rita Sharal BS**  
Sacred Hearts Hr Pry School, Kulshekar



## Journey of Reflection and Enlightenment



On 22 January, Sacred Hearts Higher Primary English Medium School hosted a thoughtfully integrated retreat for Catholic students and a seminar for non-Catholics, led by the Carmelite Brothers, where prayerful reflection, formative instruction, group activities, and lively action songs together created a meaningful and engaging experience that nurtured the students' spiritual depth, personal growth, and future-oriented vision.

**Sr Rita Sharal BS**  
Sacred Hearts Hr Pry School, Kulshekar

## *Life at Maryvale, Kinnigoli*

### Live Ordinary Lives with Extraordinary Love

On 22 October 2025, the Zonal Level Bethany Lay Associates (BLA) Convention at Maryvale Convent, Kinnigoli, united sixty-five members from six BLA units under the theme 'St Thérèse of the Child Jesus: An Inspiration for Our Missionary Work,' blending inspiring addresses by Sr Dona and Fr Simon Clifford Fernandes, Eucharistic celebration, and engaging activities - including sapling presentations, quizzes, and photo competitions - culminating in renewed zeal and joy for living the Bethany spirit through humble, loving service.



**Sr Flavia Wilma BS**  
Bethany Provincialate, Vamanjur

## *Serving with Joy - St Xavier Convent, Ajekar*

### Hope and Joy of Christmas Shared

On 21 December, the Christmas celebration at St Xavier Convent, Ajekar, thoughtfully orchestrated by the Sisters and fifteen Bethany Lay Association members, radiated the spirit of love, joy, and service through engaging games, a captivating student tableau of Christ's birth, and outreach to fifteen needy families and Government Hostel boys, culminating in the sharing of prizes and traditional Christmas Kuswar with nearly 200 participants, leaving hearts inspired by unity, compassion, and festive goodwill.



**Sr Sagaya Selvi BS**  
St Xavier Convent, Ajekar

## *Moment that Matter - Nazareth Convent, Bajpe*

### **Bethany English Medium Student Showcases Karate Talent**



Aniketh L's outstanding performance in karate, marked by first-place victories at the Taluk and District levels and a commendable third place at the State-level competition, stands as a proud testament to his exceptional talent, disciplined dedication, and sporting excellence.

**Sr Veena DSouza BS**  
Nazareth Convent, Bajpe

## *Mission Moments - Lisieux Convent, Puttur*

### **Social Service Week**



Bethany English Medium School, Puttur, celebrated Social Service Week from 19–24 January 2026 with inspiring ceremonies, cultural presentations, and the selfless collection and donation of essential items to shelters - including Little Flower School, Ananda Ashram, and five hostels - fostering compassion, social responsibility, and a profound sense of empathy and altruism among students.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## **Alumni Meet at Bethany School, Puttur: A Resounding Success**

The Alumni Meet of Bethany English Medium School, Darbe, held at the school auditorium, brought together distinguished former students in a spirit of gratitude and renewed commitment, blending symbolic moments, inspiring addresses, joyful interaction, and the formation of an Executive Committee to strengthen alumni engagement and collective responsibility for the school's future growth.



**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## Care for the Care takers

Bethany English Medium School, Puttur, hosted a transformative workshop on 'Teachers' Wellness and Stress Management' on 26 January 2026, where Sr Dr Jwana Siqueira inspired educators to nurture their own well-being



while addressing classroom challenges, managing students' behaviour positively, reducing mental stress, and maintaining balance in both professional and personal life through reflective discussion and practical strategies.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## "Oh No!" to "Oh Wow!"

A dynamic Career Guidance session on the theme 'Study Hacks and Future Tracks' was conducted for Classes IX and X on 6 December 2025 by Dr Rajesh Gratian DSouza, Dean and Professor at Yenepoya School of Engineering and Technology, whose engaging and practical insights inspired students to dream boldly, cultivate focus and discipline, manage stress effectively, and confidently chart purposeful pathways for a bright future.



**Sr Anitha Tressy BS** Lisieux Convent, Puttur

## Bethany School Sports Meet: Congratulations to National-Level Achievers



On 18 June 2025, Bethany English Medium School marked a moment of historic pride with a grand Victory Parade and the inauguration of its Annual Sports Meet, honouring national- and state-level achievers across volleyball, kabaddi, throw-ball, swimming, and karate, as the torch was ceremonially lit and the flag hoisted amid blessings, tributes, and stirring affirmations of the vital role of physical education in shaping disciplined, accomplished young citizens.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## A Proud Milestone on the Path of Service and Success



Participating in the Scout-Guide Himalaya Wood Badge Conference at Sai Ram Engineering College, Chennai, and being conferred the

prestigious Himalaya Wood Badge Award stands as a deeply cherished milestone - an enduring symbol of disciplined service, dedicated leadership, and grateful acknowledgement of the mentors,

institutions, and well-wishers whose steadfast support continues to inspire a lifelong commitment to the ideals of scouting and guiding.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## Throwball Dynamos



The Under-14 girls' throwball team of Bethany English Medium School, Puttur, clinched district-level glory with a stellar championship victory to qualify for the Mysore Division competition, highlighted by Adhya's 'Best Receiver' and Samanvi's 'Best All-Rounder' honours, and strengthened by the visionary leadership of Sr Anitha Tressy and the dedicated coaching of Mr Niranjan and Mr Akshay.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## Volleyball Victory - Selected for National Level

The 14-year-old boys' volleyball team of Bethany English Medium School, Darbe Pangalai, triumphed at the state-level tournament held at Government Boys' Pre-University College, Tarikere, Chikkamagaluru, decisively defeating the Kalaburagi division 24-10 to claim first place, secure National-level qualification, and earn individual accolades for Mohammed Hood (Best Setter) and Shishir S. Salyan (All-Rounder), under the expert guidance of Principal Sr Anitha Tressy and physical education teachers Mr Niranjan and Mr Akshay, bringing pride and recognition to the school.



**Sr Anitha Tressy BS**  
Lisieux Convent, Puttur

## Volley Ball Stars



Bethany English Medium School, Puttur, triumphed as champions of the Mysore Division-level volleyball tournament, securing a place in the state-level competition, with the 14-year-old boys' team led to victory under the dedicated guidance of Principal Sr Anitha and coaches Mr Niranjan and Mr Akshay, while standout players Mohammed Hood and Shishir earned individual honours as Best Setter and Best

All-Rounder, bringing pride and recognition to the school.

**Sr Anitha Tressy BS**  
Lisieux Convent, Puttu

*The Memory of the  
First Provincial Lingers on ...*



**Sr M. Virginia BS**  
Birth: 17-07-1938 Death: 07-10-2025

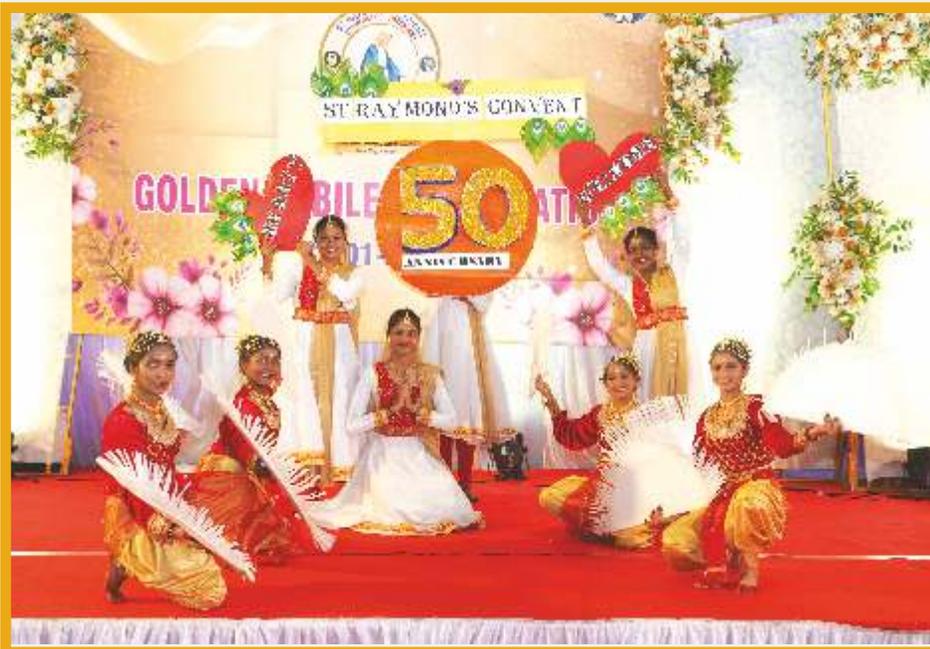
*Forever in our Hearts*



**Sr M. Dominica BS**  
Birth: 07-07-1931 Death: 14-12-2025

*“Called home after a long life of faithful witness -  
a lamp that burned brightly to the end.”*

# Golden Jubilee Celebration of St Raymond Convent, Vamanjur



With hearts lifted in praise - "I will sing your steadfast love, O Lord, forever" (Ps 89:1) - St Raymond Convent, Vamanjur, joyfully marked its Golden Jubilee on 31 January 2026, commemorating fifty grace-filled years of faithful mission and service since its humble founding in 1976 under the patronage of St Raymond of Penyafort. Celebrated through a solemn Thanksgiving Eucharist officiated by Rev. Mgr Maxim L. Noronha, enriched by grateful remembrances from Sr Rose Celine BS, Superior General, and Sr Lilly Pereira BS, Provincial Superior, and brought alive through a commemorative documentary, the jubilee became a profound moment of thanksgiving, remembrance, and renewed commitment, affirming God's abiding love and faithfulness manifested through generations of devoted service to the poor, children, and families of Vamanjur.

**Sr Gracy Bennis BS**  
St Raymond Convent, Vamanjur